



Discovery circuit Santiago/Fogo - 7 days



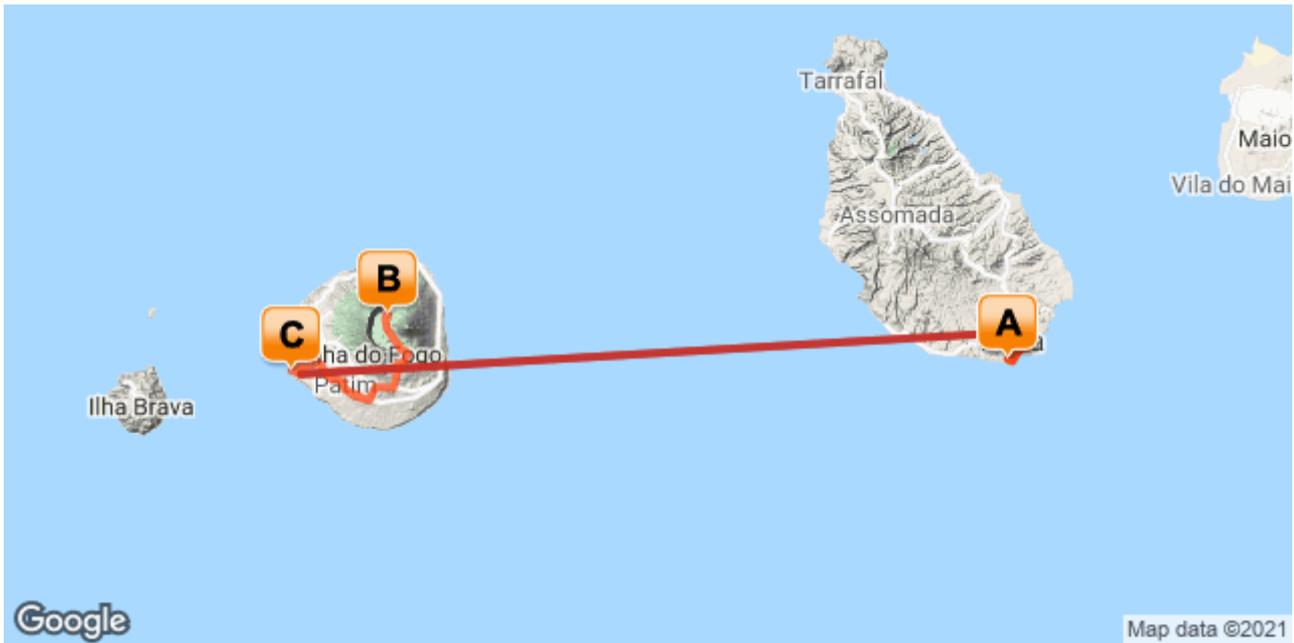
Otto e Mezzo Viaggi Tour Operator
Discovery circuit Santiago/Fogo - 7 days

Santiago Island - Fogo

7 Days / 6 Nights

0 Persons

Date of Issue: 05 March 2021



[Click here to view your Digital Itinerary](#)

Introduction

Located off the Senegalese coast, we invite you to come and discover Cape Verde with its unique islands.

In Fogo, you can discover all about Sao Filipe, with colonial charm and its "sobrados" (colonial houses) testifying the history and Cape Verdean culture.

At Santiago, we will make you discover the history of Cape Verde with a visit to Cidade Velha, named World heritage by Unesco. You will also explore beautiful fishing villages, such as Tarrafal village and the interior lands of Santiago.

Petrified lava flows, like those of the Fogo Volcano, will amaze you with lunar landscapes, giving you the impression of being out of our planet.

Accommodation	Destination	Basis	Duration
JC and Sabrina	Santiago Island	B&B	2 Nights
Casa Alcindo	Fogo	B&B	1 Night
Hotel Santos Pina	Fogo	B&B	1 Night
JC and Sabrina	Santiago Island	B&B	2 Nights

Key

B&B: Bed and Breakfast

Included

Flight Santiago / Fogo / Santiago

Transfers

Hotel with breakfast (except D3 at Chã das Caldeiras - half-board regime); double room

Meals: lunch D2 to D4; D6 / dinner D3

Santiago - 2 discoveries with transfers; guide and lunch

Fogo - 1 discovery + 1 hike with transfers; guide and lunch

Excluded

International flights

Airport tax (TSA) 34 € / person

Tourist tax 2 € / night / person

Drinks

Personal expenses

Day 1: JC and Sabrina , Santiago Island

Santiago Island

Located off the coast of West Africa, the Cape Verdean island, Santiago, is known as the gateway to Maio, Fogo, and Brava. It is the largest of all the Cape Verde islands and serves as an important historical and agricultural centre. It boasts charming fishing villages, a rich history, impressive Portuguese colonial architecture, and deserted beaches. Visitors can explore a variety of attractions including Tarrafal, a fishing village featuring an idyllic crescent bay fringed with palms; and the former capital of Cidade da Ribeira Grande de Santiago, which is on the World Heritage List for its cultural prominence.

Day Itinerary

Arrival at Santiago! Transfer to your hotel and welcoming.

Overnight: JC and Sabrina

JC and Sabrina is ideally located in a quiet suburb near to the bustling main centre of Praia on the wondrous Santiago Island. This charming establishment is home to nine welcoming rooms, each of which features a double bed, sofa, TV, air-conditioning and a private bathroom with hot water.

Basis

Bed and Breakfast

Day 2: JC and Sabrina , Santiago Island

Activities

Santiago - Praia/Cidade Velha Tour

Santiago - Praia/Cidade Velha Tour

We will start with a walk in the historical center of Praia – the «Plateau», where we will see the cross district, the place, the church and the public market, the art street of Ponta Belém, going down via the Sukupira market.

After that, we will take the bus to Cidade Velha, located 20 min away from the capital, the first city built by the Portugues in Africa and considered as the cradle of Cape Verde.

The historical center of Ribeira Grande, renamed «Cidade Velha» at the end of the XVIIIth century, siècle, classified as a UNESCO World Heritage in 2009 and, caring its historical remains, the majority of the ruins and its typical architecture (wall made with rocks and roof made with thatch) are well preserved.

We will visit the São Filipe Fort, 100 meters above the sea level. It was build to protect the city from the pirates that were constantly attacking the city between the XVIth and the XVIIth century – among them Francis Drake and Jacques Cassard.

At our arrival in Cidade Velha, we will visit each monument and ruin, including the old cathedral, the São Franciso convent, the Nossa Senhora do Rosário church (the first church established in the old colonies), the Banana street and the old slaves market, with its pillory.

The lunch will take place in a restaurant close to the sea, in the center of Cidade Velha. The tour includes the transfer and the guide.

Basis

Bed and Breakfast

Day 3: Casa Alcindo, Fogo

Fogo

The island of Fogo, meaning 'fire' is comprised of a conical volcano rising up almost 3000 metres from the Atlantic Ocean, situated off the coast of Western Africa. The dramatic terrain features black volcanic sand beaches, lunar landscapes, coffee plantations, and flourishing vineyards. Hiking enthusiasts travel from all corners of the globe to explore the many trails on offer around the island and to hike up the majestic Cha das Caldeiras volcano. Visitors can enjoy an array of sights, activities and attractions including the charming capital of the island, Sao Filipe, featuring quaint Portuguese squares, cobbled streets and colourful houses adorned with Portuguese tiles. Don't miss the panoramic views from the capital's promenade

Day Itinerary

Transfer to Nelson Mandela International Airport.

Flight to the island of Fogo, the volcano island!

Transfer combined with discovery of Fogo and its volcano.

We have lunch in a local restaurant and we also have the opportunity to taste the traditional Chã das Caldeiras wine, known as "manecon".

Night in the heart of the crater, at Chã das Caldeiras, in accommodation with simple conditions.

Overnight: Casa Alcindo

Situated against the backdrop of the Pico de Fogo volcano, Casa Alcindo is a quaint guesthouse offering accommodation to visitors and tourists to the area. The guesthouse has nine en-suite guestrooms where guests can rest their weary bones after a day of exploring. Guests can enjoy mouth-watering meals prepared with locally sourced produce at the on-site restaurant.



Activities

Fogo - Full day Tour

Fogo - Full day Tour

We pass by Cabeça Fundão, where you can see the old craters... it's a wonderful landscape! As we reach the entrance of the Natural Park, we will stop for photos and to enjoy the calmness of this lunar landscape. Here we can see the highest point of the island in its fullness, the peak of Fogo Island, as well as the 2014 crater.

You can choose to climb to the last crater (Pico Pequeno), to enjoy a multicolored landscape, with the presence of sulfur and extremely hot sites (optional upon supplement and with medium difficulty). The hike takes approximately 3 hours, depending on the physical condition of the participants.

Then, we arrive at Portela, one of the towns that was swallowed by lavas in 2014, but which today is already rebuilt with restaurants, small pensions, homes and other small structures.

We will have lunch at a local restaurant and we still have the opportunity to taste the traditional wine of Chã das Caldeiras, known as 'manecon'.

Basis

Bed and Breakfast

Day 4: Hotel Santos Pina, Fogo

Fogo

As previously described

Overnight: Hotel Santos Pina

Hotel Santos Pina in Cape Verde features sophisticated guest accommodation with private bathrooms, fridges, plasma TVs, Wi-Fi access, room service, and air conditioning.

Guests can dine at the on-site restaurant that is open for breakfast, lunch, and dinner, and a snack bar is also available. The hotel also offers an outdoor pool and a sunny terrace.



Activities

Fogo –Hiking the volcano’s Big Peak - SFL 007

Fogo –Hiking the volcano’s Big Peak - SFL 007

An experience you will never forget!

Climbing to the **highest peak in Cape Verde**, with an altitude of **2,829 meters**. Throughout the climb and from the highest point, you can admire a complete view of Chã das Caldeiras and even Santiago Island. From there, we realize the dimension of the successive eruptions.

When we reach the top we have the feeling of being on **top of the world**, while the **sulfur smell** emanating from the center of the impressive volcano is present.

Basis

Bed and Breakfast

Day 5: JC and Sabrina , Santiago Island

Santiago Island

As previously described

Day Itinerary

Free morning or possibility of visiting the city of Sao Filipe (optional).

Transfer to the airport

Flight to Santiago

Overnight: JC and Sabrina

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Basis

Bed and Breakfast

Day 6: JC and Sabrina , Santiago Island

Activities

Santiago - Island tour

Santiago - Island tour

With this excursion, we will enjoy na unforgettable journey in the North of the island – to Tarrafal, we will contemplate the unique landscapes of Santiago island. High mountains, plains and green valleys, we will notice that the landscape completely changes from the one in Praia.

The first stop will be done in São Domingos, where we will visit the Eco Centro. We will see different villages, passing by the Antónia peak, the highest point of the island. 60km away from Praia, we will find the city of Assomada, an important point for trades, where we will visit the traditional market (only wednesdays and saturdays).

The ride continues passing through the Serra Malagueta Natural Park, with its eucalyptus forest, few acacias types and other endemic plants.

We will finally arrive to Tarrafal, a fishermen village where we will have the opportunity to visit the old concentration camp, transformed nowadays into a museum, and then we will go to the incredible bay, with its nice sea, surrounded by palm trees – considered as one of the most beautiful beaches in the country.

Lunch next to the sea and free time to dive into the clear water.

After, we will make a stop at the “rabelados” village of Espinho Branco – a religious community, who rebelled itself against the society and the church during the colonial time, and now maintains its unique traditions. Here, we will have the chance to see and buy some hand-craft pieces, paintings, while we learn more about this culture.

Before to go back to Praia, we will see the small bays, caves and black sand beaches, stopping in the beautiful area of Pedra Badejo.

Basis

Bed and Breakfast

Day 7: End of Itinerary

Day Itinerary

Free day.

Transfer to Nelson Mandela International Airport.

Basis

Bed and Breakfast

Transport

Flight Information

Date	Flight	Airline	Departure Airport	Time	Arrival Airport	Time	Class	Ref
	Scheduled		Nelson Mandela International Airport [RAI]		Sao Filipe Airport [SFL]			
	Scheduled		Sao Filipe Airport [SFL]		Nelson Mandela International Airport [RAI]			

Transfers

Date	Company	Pick Up	Drop Off	Time	Vehicle
		Nelson Mandela International Airport [RAI]	JC and Sabrina		Transfer
		JC and Sabrina	Nelson Mandela International Airport [RAI]		Transfer
		Sao Filipe Airport [SFL]	Casa Alcindo		Transfer
		Casa Alcindo	Hotel Santos Pina		Transfer
		Hotel Santos Pina	Sao Filipe Airport [SFL]		Transfer
		Nelson Mandela International Airport [RAI]	JC and Sabrina		Transfer
		JC and Sabrina	Nelson Mandela International Airport [RAI]		Transfer

Urgent Contact Numbers

Company Name	Telephone	Email Address	Contact Person
atlantur	2385203439	fit@atlantur.com	Sara Oliveira

Service Provider Directory

Service Provider	Ref. Number	Telephone	Address
Casa Alcindo		+238 992 14 09	portela chã das caldeiras Portela Cape Verde

Hotel Santos Pina

+238 281 42 25

N addition to Low,
St. Philip
Cape Verde

Travel Information



Comprised of nine inhabited islands; one uninhabited island and eight islets, the idyllic holiday getaway of Cape Verde offers a smorgasbord of attractions to thrill even the most jaded of travellers. The islands are blessed with stunning beaches lapped by azure waters as well as lush mountainous areas providing ample opportunities for adventurous outdoor activities including, among others: game fishing, kite surfing, jet skiing, canyoning and hiking. Culture lovers are also well catered for with plenty of interesting art, music, colonial architecture, lively markets, and delicious local cuisine on offer in the bustling cultural capital of Mindelo. From the UNESCO world heritage site of the old fort of Santiago to the vast remote beaches and exceptional shipwreck dive sites of Boa Vista, this diverse archipelago truly does have something to satisfy each and every visitor.

Banking and Currency

Currency

Cape Verde Escudo (CVE) = 100 centavos. Notes are in denominations of CVE5,000, 2,000, 1,000 and 500. Coins are in denominations of CVE200, 100, 50, 20, 10, 5 and 1.

The import and export of local currency is prohibited. The import of foreign currency is unlimited, subject to declaration on arrival and on departure. The export of foreign currency is limited to the equivalent of CVE1,000,000 or the amount declared on arrival, whichever is the larger.

Currency exchange is available at the airport and in local banks. Currency cannot be reconverted, except in Portugal.

Banking

Banking hours: Mon-Fri 08h00-14h00.

Credit cards are rarely used. A few major hotels accept Visa. Currency can be obtained in banks from credit cards but charges are very high. There are ATMs in Sal, Praia and São Vincent.

Travellers cheques are accepted in main towns and tourist areas, though the exchange can often be problematic.

Travel, Transport and Getting Around

TACV - Cabo Verde Airlines (www.tacv.cv) is the main domestic carrier. There are internal flights available to all inhabited islands except Brava and San Antao. Private charters are available from the Cape Verde Express air-taxi service (www.capeverdeexpress.com).

Cape Verde Airpass: available from TACV to passengers booking their long-distance tickets through the airline or their agents, offering discounted flights within Cape Verde. A minimum of two internal flights must be booked and the pass is valid for 21 days.

Car hire is Available on the main islands; book in advance when possible. There are over 2,250km (1,400 miles) of roads on the islands, of which one-third are cobbled. There is a road improvement programme underway to convert cobblestone roads into asphalt. Road conditions and driving standards are generally of a reasonable quality, although paved roads are mostly narrow and winding. Cars are driven on the right side of the road. An International Driving Permit is legally required and proof of insurance should be displayed on the car windscreen. Drivers can be hired to see the main sights on the islands.

Taxi fares should be agreed in advance, although some prefer to use the taximeter. Seat belts must be worn. Children under 12 should sit in the back seat.

There is a daily ferry service operating between the port of Mindelo, São Vicente and Santo Antao. Cargo ships may also accept passengers and regular services connect Santiago, Fogo and Brava; however, these are primarily for cargo supply and demand and so are inconsistent. Sea conditions around Cape Verde are sometimes treacherous, due to many submerged rocks. Travel by sea to the southern islands of Brava and Fogo can be particularly disrupted.

Food, Drink and Cuisine Advice

All water should be regarded as being potentially contaminated. All drinking water should be bottled, boiled or carbonated. Water used for brushing teeth or making ice should have first been boiled or otherwise sterilised. Milk is unpasteurised and should be boiled. Powdered or tinned milk is available and is advised. Avoid all dairy products and food from street vendors. Only eat well-cooked meat and fish. Vegetables should be cooked and fruit peeled.

Cape Verdean food is an enticing mixture of Creole, Portuguese and African flavours. The islands have a wealth of seafood which is often cooked straight from the sea. The influx of tourists is causing an increasing number of quality restaurants to open up.

It is normal to give a 10% tip for good service.

Climate and Weather

Cape Verde experiences warm temperatures year-round. However, there is a rainy season from August to October when rainfall is unpredictable. The coolest months are December to March. The best time to visit Cape Verde is from February to June, when the days are long and sunny.

Clothing and Dress Recommendations

Lightweight clothing is appropriate throughout the year. The Cape Verdeans display a wonderful cultural mix of Africa and Brazil, with a dash of Portugal. They are friendly, laid back and very tolerant. Our advice would be to travel light - and we mean really light. If you are staying on the main tourist destination of Sal, all you need during the day is beach wear, flip-flops, a sunhat and sunglasses. These are a must all year round - the sun is unbelievably hot even when it's cloudy. Outside of the hotels you will find it very difficult to get laundry cleaned, however with a temperature of at least 28c all year round washing and drying clothes is quick and easy to do. We would recommend you take your own good quality sunscreen as it is difficult to get and it is expensive. Pack insect/mosquito repellent too as again it's expensive to buy it there. Pop some sneakers or lightweight walking shoes in if you want to walk around the island.

Internet Availability

Major hotels offer laptop connections. Public access is available at the offices of Cabo Verde Telecom. Privately-run business centres in the main towns offer e-mail, Internet and fax facilities.

Electricity and Plug Standards

Electrical sockets (outlets) in Cape Verde are one of the two European standard electrical socket types: The "Type C" Europlug and the "Type E" and "Type F" Schuko. If your appliance's plug doesn't match the shape of these sockets,

you will need a travel plug adapter in order to plug in. Travel plug adapters simply change the shape of your appliance's plug to match whatever type of socket you need to plug into. It's crucial to be able to plug in no matter what, bring an adapter for all three types.

Electrical sockets (outlets) in Cape Verde usually supply electricity at between 220 and 240 volts AC. If you're plugging in an appliance that was built for 220-240 volt electrical input, or an appliance that is compatible with multiple voltages, then an adapter is all you need.

But travel plug adapters do not change the voltage, so the electricity coming through the adapter will still be the same 220-240 volts the socket is supplying. If your appliance is not compatible for 220-240 volt electrical output, a voltage converter will be necessary.
